

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>10:15-10:30 Caleb and Kelsey Christian Worship Songs</p> <p>10:30-11:00 Tabletop Sensory</p> <p>11-11:30 Creative Coloring and Amazing Penguin Collection 4K (YT)</p> <p>11:30-11:45 Across America: "New Mexico"</p> <p>2:30 Worship Service (AUD)</p> <p>1</p>	<p>10:15-10:30 Wellness Fitness by Tona</p> <p>10:30-11:30 Snoezelen Sensory 2:30 Musical Entertainment with Mary Taylor (C-Lounge)</p> <p>3:15-3:45 Ballroom Dancing Compilation</p> <p>4:00-4:30 Ray Charles Live in Concert with Diane Schuur</p> <p>Purim Begins</p> <p>2</p>	<p>10:15-10:30 Morning Stretch</p> <p>10:30-11:30 Beauty Day with Margarita</p> <p>11:30 Reminisce: "At the Ol' Ball Game"</p> <p>2:30 Communion Service (AUD)</p> <p>4:00-4:30 Johnny Mathis-Live by Request</p> <p>3</p>	<p>10:15-10:30 Gentle Exercises</p> <p>10:30-11:00 Try Not to Laugh with Funny Baby Moments</p> <p>11:30-11:45 Frankie Avalon Songs</p> <p>2:15-2:45 Color by Number</p> <p>2:45-3:30 Mary Berry's Best One-Pot Recipes</p> <p>4:00-4:30 Scenic Relaxation: The Great Smoky Mountains in 4K</p> <p>4</p>	<p>10:15-10:30 Balloon Volley</p> <p>10:30-11:00 Hymns with Lyrics</p> <p>11-11:30 Target Toss</p> <p>11:30 Sweet Sounds of Yesterday</p> <p>2:30-3:30 Piano by Jay Daniels (AUD)</p> <p>4:00-4:30 Armchair Travel: "Greece" and Hand Massages</p> <p>5</p>	<p>10:15-10:30 Morning Stretch</p> <p>10:30-11:00 Hand/Shoulder Massages with Rose Scents</p> <p>11-11:45 Butterfly Garden 4K and Soothing Music</p> <p>2:15-2:45 Mix and Match Sensory Boxes</p> <p>2:45-3:30 Vintage Cars and Relaxing Jazz Music</p> <p>3:30-3:45 Recipe Reading: German Chocolate Cupcake</p> <p>4:00-4:30 Story wise</p> <p>6</p>	<p>10:15-10:30 Movers & Shakers Exercise</p> <p>10:30-11:30 Snoezelen Sensory</p> <p>11:30 Kenny Rogers Live in Concert (1983)</p> <p>2:15-2:45 Table Games and Puzzles</p> <p>2:45-3:30 Let's Talk Cards</p> <p>3:30 Roy Orbison and Friends (1988)</p> <p>7</p>		
<p>10:15-10:30 Homecoming-The Live Recording</p> <p>10:30-11:00 Sports Time Memories</p> <p>11-11:30 Positive Affirmations</p> <p>11:30-11:45 Top 50 Greatest Movie Scenes of all times</p> <p>2:30 Worship Service (AUD)</p> <p>Daylight Saving Time Begins</p> <p>8</p>	<p>10:15-10:30 Wellness Fitness: Outdoor Exercise in Madrid (YT)</p> <p>10:30-11:30 Snoezelen Sensory 2:15-3:00 Spanish Club: "Churches of Spain"</p> <p>3:00-3:45 Opry Video Classics - Queens of Country</p> <p>4:00-4:30 Molly Yeh's Top Chicken Recipe Videos</p> <p>9</p>	<p>10:15-10:30 Let's Stretch</p> <p>10:30-11:00 Rhythm Band Practice & Glenn Miller Songs</p> <p>11-11:30 Discover America: The Mississippi River & Yosemite National Park</p> <p>2:30 Worship Service (AUD)</p> <p>4:00-4:30 The Most Beautiful Italian Songs Ever and Ylang Ylang Aromatherapy</p> <p>10</p>	<p>10:15-10:30 Gentle Exercises</p> <p>10:30-11:00 Tactile Tables</p> <p>11-11:30 Memorable Slogans</p> <p>11:30 Billy Joel in Concert</p> <p>2:30-3:30 Dan Furnald Entertains (C-Lounge)</p> <p>4:00-4:30 Relax on the Farm: Nature Relaxation Video and Cedar Scents</p> <p>11</p>	<p>10:15-10:30 Balloon Volley</p> <p>10:30-11:00 Tactile Tables</p> <p>11-11:30 Pondering Prompts</p> <p>11:30 The Best of the Temptations</p> <p>2:15-3:00 Snoezelen Sensory</p> <p>3-3:45 Anne Murray Live TV Special (2003)</p> <p>4:00-4:30 Andrea Bocelli-Under the Desert Sky (2006)</p> <p>12</p>	<p>10:15-10:30 Morning Stretch</p> <p>10:30-11:00 Visual Poems and Relaxing Classic Music</p> <p>11-11:30 Food Network: Spring Baking Championship</p> <p>2:30-3:30 March Birthday Party with Jerry Castaldo (AUD)</p> <p>4:00-4:30 "Live in Ireland 87 Project in HD - The full concert live from Glasgow Royal Concert Hall" (YT)</p> <p>13</p>	<p>10:15-10:30 Movers & Shakers Exercise</p> <p>10:30-11:00 Tabletop Sensory</p> <p>11-11:30 Nostalgic American Farms and Folk Music</p> <p>11:30 Beautiful Gardens Around the World and Floral Scents</p> <p>2:15-3:15 Snoezelen Sensory</p> <p>3:15-3:45 The Best of America's Got Talent</p> <p>14</p>		
<p>10:15-10:30 Morning Worship Songs</p> <p>10:30-11:00 Hand/Shoulder Massages and Citrus Scents</p> <p>11-11:30 Positive Morning Affirmations</p> <p>11:30-11:45 Traditional Foods from Around the World</p> <p>2:30 Worship Service (AUD)</p> <p>15</p>	<p>10:30 Wellness Fitness: Stretching with 1950's Hits</p> <p>10:30-11:00 Drumming Circle with Talia</p> <p>11-11:30 Creative Coloring and Ireland 4K-Relaxing Film</p> <p>2:15-3:15 Snoezelen Sensory</p> <p>3:15-3:45 Top 10 Dancers of All Times</p> <p>4:00-4:30 Golden Hour Vibes: Guitar Music for Relaxation and Sunsets</p> <p>16</p>	<p>10:30 Wellness Fitness: Stretching with 1950's Hits</p> <p>10:30-11:15 Sensory Relaxation</p> <p>11:15-11:45 Irish Songs Sing-Along</p> <p>2:30 Worship Service (AUD)</p> <p>4:00-4:30 Ireland Landmarks and Lemon Scents</p> <p>St. Patrick's Day</p> <p>17</p>	<p>10:15-10:30 Gentle Exercises</p> <p>10:30-11:00 Healthy Lifestyles</p> <p>11-11:30 Sicily Ultimate Travel Guide and Hand Massages</p> <p>2:15-2:45 Visual Sing-Along</p> <p>2:45-3:30 Do You Remember These Old Sayings?</p> <p>4:00-4:30 The Art of Simple Living: Cozy Spring Days in the Countryside</p> <p>18</p>	<p>10:15-10:30 Balloon Volley</p> <p>10:30-11:00 Words of Hope</p> <p>11-11:30 Baby Animals and Relaxing Music</p> <p>11:30 The Beatles- Royal Variety Performance (1963)</p> <p>2:15-2:45 Color by Number</p> <p>2:45-3:45 Cliff Richard- 60th Anniversary Concert (YT) and Hand Massages</p> <p>4:00-4:30 Show and Tell Vintage Postcards (YT)</p> <p>19</p>	<p>10:15-10:30 Morning Stretch</p> <p>10:30-11:00 Daily Reflections</p> <p>11-11:30 Birds and Flowers</p> <p>11:30 Adorable Children Recitals</p> <p>3:15-3:45 "Spring-The Return of Life, The Secrets of Nature" (YT) and Hand Massages</p> <p>4:00-4:30 Amazing Natural Wonders in the World</p> <p>Spring Begins</p> <p>20</p>	<p>10:15-10:30 Movers & Shakers Exercise</p> <p>10:30-11:00 Table Games and Puzzles</p> <p>11-11:30 Sing-Along by Golden Carers</p> <p>11:30 Mary Berry's Favorite Recipes</p> <p>2:15-3:15 Snoezelen Sensory</p> <p>3:15-3:45 Animal Planet Video: Wildlife in the Serengeti</p> <p>21</p>		
<p>10:15-10:30 Best Playlist Worship Songs of Nathaniel Bassey</p> <p>10:30-11:00 Mix and Match Sensory Boxes</p> <p>11-11:30 Funny Babies playing with dogs' video</p> <p>11:30 Bacharach in Canada (1977)</p> <p>2:30 Worship Service (AUD)</p> <p>22</p>	<p>10:15-10:30 Wellness Fitness by Tona (YT)</p> <p>10:30-11:30 Snoezelen Sensory</p> <p>11:30-11:45 Tiffany Derry's Morning after Brunch Burger</p> <p>2:30-3:30 Entertainment with Angelo (C-Lounge)</p> <p>4:00-4:30 Balloon Toss</p> <p>23</p>	<p>10:15-10:30 Let's Stretch</p> <p>10:30-11:00 Frank Sinatra Sing-Along with Lyrics</p> <p>11-11:30 Picture Books and 1:1 Chats</p> <p>11:30 How It Is Made: "Doughnuts"</p> <p>2:30 Worship Service (AUD)</p> <p>4:00-4:30 Dean Martin-Variety Show Compilation Vol 3 (YT)</p> <p>24</p>	<p>10:15-10:30 Gentle Exercises</p> <p>10:30-11:00 Kittens and Cats in 4K</p> <p>11-11:30 Broadway Showtunes</p> <p>2:15-3:00 Tabletop Sensory</p> <p>3:00-3:30 Name that 1960's Tune</p> <p>4-4:30 Monumental Trees of the World and Cedar Scents</p> <p>25</p>	<p>10:15-10:30 Balloon Volley</p> <p>10:30-11:00 Hymns with Lyrics</p> <p>11-11:30 Sensory Relaxation</p> <p>11:30 Best of the Bee Gees</p> <p>2:15-2:45 Creative Coloring and Calming Piano Music</p> <p>2:45-3:45 The Incredible Story of the Monarch Butterfly (YT)</p> <p>4:00-4:30 Farmhouse Spring Patio Ideas with Martha Stewart</p> <p>26</p>	<p>10:15-10:30 Morning Stretch</p> <p>10:30-11:00 Stunning Views of Mountains 4K with hand Massages</p> <p>11-11:30 Barry Manilow Hits</p> <p>2:15-3:00 Touch of Lavender with Talia</p> <p>3-3:30 "15 Most Famous Monuments and Buildings in the World"</p> <p>3:30 Johnny Cash Hits</p> <p>4:00-4:30 Funniest Animals!</p> <p>Spring Begins</p> <p>27</p>	<p>10:15-10:30 Movers & Shakers Exercise</p> <p>10:30-11:00 Natural Landscape: Amazing Colors of Spring and Hand Massages</p> <p>11-11:45 The Doris Day Show</p> <p>2:15-3:15 Snoezelen Sensory</p> <p>3:15 Della Reese, Mel Torme - 1977 Canadian Concert (YT)</p> <p>28</p>		
<p>10:15-10:30 Country Gospel Songs</p> <p>10:30-11:30 Sensory Relaxation and Sounds of Nature</p> <p>11:30-11:45 Poems to Share</p> <p>2:30 Palm Sunday Service (AUD)</p> <p>29</p>	<p>10:15-10:30 Wellness Fitness by Tona</p> <p>10:30-11:30 Snoezelen Sensory</p> <p>2:15 Famous Faces of the 1950's and 60s</p> <p>2:45-3:15 Hand Massages</p> <p>3:15-3:45 Remembering Buddy Holly, Ritchie Valens, and The Big Bopper</p> <p>4:00-4:30 Ballads of the 1950s</p> <p>30</p>	<p>10:15-10:30 Let's Stretch</p> <p>10:30-11:00 Reflecting on God's Word with Charles</p> <p>11-11:30 Conversation Cards</p> <p>11:30 Food Network: Top 5 Geoffrey Zakarian Recipes</p> <p>2:15-3:15 Snoezelen Sensory</p> <p>3:15-3:45 Music of Zamfir</p> <p>4:00-4:30 Reminiscing Corner: "1950's Classic Films"</p> <p>31</p>	<p>**Activities subject to change and/or cancellation at any time**</p> <p>March 2026</p> <p>Southgate Special Care Unit-A & C Lounge</p>					